

SUBMISSION GUIDELINES

HARM Submission Guidelines is divided into two easy sections: **Document Formatting** and **Citation Formatting**. Submissions must comply with both sections to avoid any delays in the publication process.

DOCUMENT FORMATTING

It is important that only final drafts of manuscripts are submitted. Please remove any unnecessary formatting (indents, headers, footers, etc.) as we have to strip them off during editing and in the production process.

Your submission should...:

- include a title and the name/s of authors at the top of the first page.
- contain an abstract of 200 words or less and up to five keywords.
- have a length of between 8,000–10,000 words; shorter or longer articles and manuscripts are accepted based on the merit of the research and writing.
- be in Word (.docx) or RTF document format.
- is single-spaced; uses Times New Roman font-size 12; employs italics, rather than underlining (except with URL addresses).
- not have embedded images, figures, or other supplementary content; you will be given the opportunity to upload supplementary content as separate files.
- include a full bibliography listing all source material consulted.

CITATION FORMATTING

HARM conforms to the **APA Style** (7th edition), with in-text citations, sparse use of footnotes and a Bibliography at the end of the manuscript listing all source material consulted. There have been some changes from the 6th edition to the 7th edition—we have included as much information as possible, particularly in the **Bibliography Reference Examples** below.

Narrative vs. Parenthetical Citation

There are two main ways to cite in-text: narrative and parenthetical.

Narrative in-text citation is when the author's name is written as they are quoted or paraphrased.

For example:

According to Mangano (2011), criminalization may further extend to the prosecution of private vessels who rescue migrants in distress at sea (p. 3).

Parenthetical citation is when the author-date citation system is used. It is more common and is used when a narrative style is not easy to formulate.

For example:

Criminalization may further extend to the prosecution of private vessels who rescue migrants in distress at sea (Mangano, 2011, p. 3).

Citing Authors: In-Text Citations

Author or Editor Name/s

| Type of Citation | Narrative Format | Parenthetical Format |
|--------------------------------|------------------------|-----------------------|
| Works by one author | Smith (2018) | (Smith, 2018) |
| Works by two authors | Smith and Black (2008) | (Smith & Black, 2008) |
| Works by three or more authors | Jones et al. (2012) | (Jones et al., 2012) |

Organizations or Groups as Authors

| Type of Citation | Narrative Format | | Parenthetical Format | |
|-----------------------------------|--|------------------------------|--|-------------------------------|
| | First time | Subsequent | First time | Subsequent |
| Abbreviation is readily available | National Institute of Mental Health (2018) | NIMH (2018) | (National Institute of Mental Health [NIMH], 2018) | (NIMH, 2018) |
| No abbreviation available | University of Chicago (2008) | University of Chicago (2008) | (University of Chicago, 2008) | (University of Chicago, 2008) |

Bibliography Reference Examples

| Articles in Journals, Magazines, Newspapers, etc. (Print & Online) | |
|--|--|
| General Format | AuthorLastName, F. M. (Date of Publication). Article title: Article subtitle. <i>Journal Title</i> , Volume (Issue), pages. https://doi.org/xx.xxxxxxxx |
| Articles with DOI | <p>McCauley, S. M., & Christiansen, M. H. (2019). Language learning as language use: A cross-linguistic model of child language development. <i>Psychological Review</i>, 126(1), 1-51. https://doi.org/10.1037/rev0000126</p> <p>Parenthetical citation: (McCauley & Christiansen, 2019) Narrative citation: McCauley and Christiansen (2019)</p> <p>Weiss-Faratci, N., Lurie, I., Neumark, Y., Malowany, M., Cohen, G., Benyamini, Y., Goldbourt, U., & Gerber, Y. (2016). Perceived social support at different times after myocardial infarction and long-term mortality risk: A prospective cohort study. <i>Annals of Epidemiology</i>, 26(6), 424-428. https://doi.org/10.1016/j.annepidem.2016.03.005</p> <p>Parenthetical citation: (Weiss-Faratci et al., 2016) Narrative citation: Weiss-Faratci et al. (2016)</p> |

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| Articles without DOI (print) | <p>Anderson, M. (2018). Getting consistent with consequences. <i>Educational Leadership</i>, 76(1), 26-33. Parenthetical citation: (Anderson, 2018) Narrative citation: Anderson (2018)</p> <p>Fetherston, J. D., Lillard, J. W., & Perry, R. D. (1995). Analysis of the pesticin receptor from <i>Yersinia pestis</i>: Role in iron-deficient growth and possible regulation by its siderophore. <i>Journal of Bacteriology</i>, 177(7), 1824-1833. Parenthetical citation: (Fetherston et al., 1995) Narrative citation: Fetherston et al. (1995)</p> <p>Goldman, C. (2018, November 28). The complicated calibration of love, especially in adoption. <i>Chicago Tribune</i>. Parenthetical citation: (Goldman, 2018) Narrative citation: Goldman (2018)</p> |
| Articles without DOI (online) | <p>Ahmann, E., Tuttle, L. J., Saviet, M., & Wright, S. D. (2018). A descriptive review of ADHD coaching research: Implications for college students. <i>Journal of Postsecondary Education and Disability</i>, 31(1), 17-39. https://www.ahead.org/professionalresources/publications/jped/archived-jped/jped-volume-31 Parenthetical citation: (Ahmann et al., 2018) Narrative citation: Ahmann et al. (2018)</p> <p>Clay, R. (2008, June). Science vs. ideology: Psychologists fight back about the misuse of research. <i>Monitor on Psychology</i>, 39(6). https://www.apa.org/monitor/2008/06/ideology Parenthetical citation: (Clay, 2008) Narrative citation: Clay (2008)</p> |
| Books (Print & Online) | |
| General Format (print) | AuthorLastName, F. M. (Year). <i>Book title</i> . Publisher. |
| General Format (online) | AuthorLastName, F. M. (Year). <i>Book title</i> (edition if applicable). Publisher. https://doi.org/10.... |
| Book: One Author | Gutman, R. W. (1999). <i>Mozart: A cultural biography</i> . Harcourt Brace. Parenthetical citation: (Gutman, 1999) Narrative citation: Gutman (1999) |
| Book: Two Authors | Hock, R., & Price, G. (2004). <i>The extreme searcher's Internet handbook: A guide for the serious searcher</i> . CyberAge Books. Parenthetical citation: (Hock & Price, 2004) Narrative citation: Hock and Price (2004) |

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| Book: Multivolume | <p>When citing entire set of volumes: Wright, S. (1968-1978). <i>Evolution and the genetics of populations</i>. (Vols. 1-4). University of Chicago Press. Parenthetical citation: (Wright, 1968-1978) Narrative citation: Wright (1968-1978)</p> <p>When citing one volume out of the set: Wright, S. (1969). <i>Theory of gene frequencies</i> (Vol. 2). University of Chicago Press. Parenthetical citation: (Wright, 1969) Narrative citation: Wright (1969)</p> |
| Book: Editors instead of Authors | <p>Duncan, G. J., & Brooks-Gunn, J. (Eds.). (1997). <i>Consequences of growing up poor</i>. Russell Sage Foundation. Parenthetical citation: (Duncan & Brooks-Gunn, 1997) Narrative citation: Duncan and Brooks-Gunn (1997)</p> |
| Chapter in a Book | <p>Willson, R. F., Jr. (2005). William Shakespeare's theater. In J. Rosenblum (Ed.), <i>The Greenwood companion to Shakespeare: A comprehensive guide for students</i> (pp. 47-64). Greenwood Press. Parenthetical citation: (Wilson, 2005) Narrative citation: Wilson (2005)</p> |
| Other Online Sources | |
| General Format | <p>AuthorLastName, F. M., & AuthorLastName, F. M. (Date of publication). <i>Title of section or document/work</i>. Website Name. https://...</p> |
| Webpage (non-Article) | <p>Friend, J. L. (2017, July 8). <i>Caregiver stress: Don't forget self-care</i>. Mayo Clinic. https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/caregiver-stress/art-20317392 Parenthetical citation: (Friend, 2017) Narrative citation: Friend (2017)</p> |
| Webpage: Organization as Author | <p>Centers for Disease Control and Prevention. (2011, August 2). <i>Hospital support for breastfeeding: Preventing obesity begins in hospitals</i>. https://www.cdc.gov/vitalsigns/BreastFeeding/?s_cid=vitalsigns_082 Parenthetical citation (first mention): (Centers for Disease Control and Prevention [CDC], 2011) Subsequent citation: CDC, 2011) Narrative citation (first mention): Centers for Disease Control and Prevention (CDC, 2011) Subsequent citation: CDC, 2011)</p> |
| Audiovisual Media | |
| Film or Video | <p>Malle, L. (Director). (1987). <i>Au revoir les enfants</i> [Goodbye children] [Film]. Nouvelles Éditions de Films. Parenthetical citation: (Malle, 1987) Narrative citation: Malle (1987)</p> |

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| Webinar | <p>Goldberg, J. F. (2018). <i>Evaluating adverse drug effects</i> [Webinar]. American Psychiatric Association. https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=6172</p> <p><i>Parenthetical citation:</i> (Goldberg, 2018) <i>Narrative citation:</i> Goldberg (2018)</p> |
| Podcast Episode | <p>Glass, I. (Host). (2011, August 12). Amusement park (No. 443) [Audio podcast episode]. In <i>This American life</i>. WBEZ Chicago. https://www.thisamericanlife.org/radio-archives/episode/443/amusement-park</p> <p><i>Parenthetical citation:</i> (Glass, 2011) <i>Narrative citation:</i> Glass (2011)</p> |
| YouTube Video | <p>CNA Insider. (2022, March 26). <i>Child labour & marriage: Victims of India's COVID school closures</i> [Video]. YouTube. https://www.youtube.com/watch?v=uqMj0gjGJgg</p> <p><i>Parenthetical citation:</i> (CNA Insider, 2022) <i>Narrative citation:</i> CNA Insider (2022)</p> |
| Paintings, Photographs and Infographs | <p>Rinaldi, J. (2016). [Photograph series of a boy who finds his footing after abuse by those he trusted]. The Pulitzer Prizes. https://www.pulitzer.org/winners/jessica-rinaldi</p> <p><i>Parenthetical citation:</i> (Rinaldi, 2016) <i>Narrative citation:</i> Rinaldi (2016)</p> <p>Rossman, J., & Palmer, R. (2015). <i>Sorting through our space junk</i> [Infographic]. World Science Festival. https://www.worldsciencefestival.com/2015/11/space-junk-infographic/</p> <p><i>Parenthetical citation:</i> (Rossman & Palmer, 2015) <i>Narrative citation:</i> Rossman and Palmer (2015)</p> <p>Wood, G. (1930). <i>American gothic</i> [Painting]. Art Institute of Chicago, Chicago, IL, United States. https://www.artic.edu/aic/collections/artwork/6565</p> <p><i>Parenthetical citation:</i> (Wood, 1930) <i>Narrative citation:</i> Wood (1930)</p> |

The above examples have been provided for your convenience. For other source types which have not been mentioned here, please refer to the **APA Style** (7th edition).